

NM SKI 2011

Steinkjer Steinkjer Skistadion

Menn 3 x 10 km K/F/F Stafett Resultater

Søndag 30 JAN 2011

Starttid: 12:15

Siste innkomst: 13:41

Rennkomite					Löypedata				
Teknisk Delegert		Andresen Erik (NOR)			Høydedifferanse:		73 m / 53 m / 53 m		
Ass. Teknisk Delegert		Berntsen Thore (NOR)			Lengste stigning:		41 m / 49 m / 49 m		
Ass. Teknisk Delegert		Smiseth Gunnar Alfred (NOR)			Total Stigning:		3x304/3x304/3x304 m		
Rennleder		Asp Benthe (NOR)			Lengde på Løypa:		5100m/4875m/4875m		
Chief of Course		Saurasunet Odd Martin (NOR)			Runder:		3 x 2		

Rg.	St.Nr.	Team	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
1	1	SKOGN IL 1		Nord-Trøndelag				1:10:35.0		
	1-1	r / c	RØNNING Eldar		24:19.8	1	0.0	24:19.8	1	0.0
	1-2	g / f	MYRLAND Anders		23:08.1	11	+1:13.8	47:27.9	1	0.0
	1-3	y / f	KJØLSTAD Johan		23:07.1	7	+47.4	1:10:35.0	1	0.0
2	17	HENNING SKILAG 1		Nord-Trøndelag				1:10:39.4		+4.4
	17-1	r / c	LORENTSEN Eirik		25:06.4	3	+46.6	25:06.4	3	+46.6
	17-2	g / f	EILIFSEN Morten		22:37.9	6	+43.6	47:44.3	2	+16.4
	17-3	y / f	KOLSTAD Jonas Austmo		22:55.1	3	+35.4	1:10:39.4	2	+4.4
3	2	BYÅSEN IL 1		Sør-Trøndelag				1:10:48.7		+13.7
	2-1	r / c	ELIASSEN Petter		25:07.1	4	+47.3	25:07.1	4	+47.3
	2-2	g / f	HELGESTAD Daniel Myrmael		22:37.6	5	+43.3	47:44.7	3	+16.8
	2-3	y / f	JESPERSEN Chris André		23:04.0	5	+44.3	1:10:48.7	3	+13.7
4	18	BYÅSEN IL 2		Sør-Trøndelag				1:11:01.7		+26.7
	18-1	r / c	ULSUND Einar Askevold		25:19.5	6	+59.7	25:19.5	6	+59.7
	18-2	g / f	BERDAL Tore Bjørseth		23:22.5	17	+1:28.2	48:42.0	9	+1:14.1
	18-3	y / f	BACH Ole-Marius		22:19.7	1	0.0	1:11:01.7	4	+26.7
5	5	LEKSVIK IL 1		Nord-Trøndelag				1:11:02.3		+27.3
	5-1	r / c	STEEN Andreas Myran		25:42.4	14	+1:22.6	25:42.4	14	+1:22.6
	5-2	g / f	RENNEMO Kristian Tettli		22:44.3	8	+50.0	48:26.7	5	+58.8
	5-3	y / f	RENNEMO Anders Tettli		22:35.6	2	+15.9	1:11:02.3	5	+27.3
6	10	LILLEHAMMER SKIKLUB 1		Oppland				1:11:23.2		+48.2
	10-1	r / c	PEDERSEN Morten Eide		25:27.0	7	+1:07.2	25:27.0	7	+1:07.2
	10-2	g / f	BJERKE Espen Harald		22:31.9	3	+37.6	47:58.9	4	+31.0
	10-3	y / f	GUNDERSEN Tore Martin Søbak		23:24.3	11	+1:04.6	1:11:23.2	6	+48.2
7	12	FOSSUM IF 1		Akershus				1:11:45.9		+1:10.9
	12-1	r / c	UTISTOG Svein Olav		26:08.2	28	+1:48.4	26:08.2	28	+1:48.4
	12-2	g / f	GJERDALEN Tord Asle		22:26.4	2	+32.1	48:34.6	6	+1:06.7
	12-3	y / f	ØSTENSEN Simen Håkon		23:11.3	8	+51.6	1:11:45.9	7	+1:10.9
8	6	RUSTAD IL		Oslo				1:11:54.3		+1:19.3
	6-1	r / c	GLØERSEN Øyvind		25:27.6	8	+1:07.8	25:27.6	8	+1:07.8
	6-2	g / f	PAULSEN Steffen Sæterhagen		23:27.5	19	+1:33.2	48:55.1	12	+1:27.2
	6-3	y / f	GLØERSEN Anders		22:59.2	4	+39.5	1:11:54.3	8	+1:19.3

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Rg.	St.Nr. Etappe	Team Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
9	68	IL KORLEVOLL-ODDA		Hordaland				1:12:08.7		+1:33.7
	68-1	r / c	BØDTKER Anders		25:43.3	15	+1:23.5	25:43.3	15	+1:23.5
	68-2	g / f	GRAVE Nils Magnus Bøen		23:12.4	12	+1:18.1	48:55.7	13	+1:27.8
	68-3	y / f	THYGESEN Torgeir Skare		23:13.0	9	+53.3	1:12:08.7	9	+1:33.7
10	7	STRINDHEIM IL 1		Sør-Trøndelag				1:12:15.3		+1:40.3
	7-1	r / c	DAHL John Kristian		24:48.9	2	+29.1	24:48.9	2	+29.1
	7-2	g / f	UNDEBAKKE Vidar		23:52.6	24	+1:58.3	48:41.5	8	+1:13.6
	7-3	y / f	FINES Ola Berg		23:33.8	13	+1:14.1	1:12:15.3	10	+1:40.3
11	16	TYNSET IF		Hedmark				1:12:44.7		+2:09.7
	16-1	r / c	MÜLLER Rune		25:29.0	11	+1:09.2	25:29.0	11	+1:09.2
	16-2	g / f	BJØRNSTAD Tor Halvor		23:25.1	18	+1:30.8	48:54.1	11	+1:26.2
	16-3	y / f	NESTEBY Knut Erik		23:50.6	18	+1:30.9	1:12:44.7	11	+2:09.7
12	15	BÆRUMS VERK IF		Akershus				1:12:46.7		+2:11.7
	15-1	r / c	STRØM Mads Ek		25:28.8	10	+1:09.0	25:28.8	10	+1:09.0
	15-2	g / f	HØYDAHL Sigve Fredrik		23:16.1	16	+1:21.8	48:44.9	10	+1:17.0
	15-3	y / f	HUGSTED Sondre Bergan		24:01.8	19	+1:42.1	1:12:46.7	12	+2:11.7
13	19	VADSØ SKIKLUBB		Finnmark				1:12:57.6		+2:22.6
	19-1	r / c	PETTERSEN Morten Harjo		26:01.8	21	+1:42.0	26:01.8	21	+1:42.0
	19-2	g / f	STOCK Daniel		23:14.9	13	+1:20.6	49:16.7	17	+1:48.8
	19-3	y / f	MIKKELSEN Espen		23:40.9	15	+1:21.2	1:12:57.6	13	+2:22.6
14	4	KJELSÅS IL - SKI 1		Oslo				1:13:03.3		+2:28.3
	4-1	r / c	HALLÉN Stian		26:28.3	36	+2:08.5	26:28.3	36	+2:08.5
	4-2	g / f	POST Arne		22:48.6	9	+54.3	49:16.9	18	+1:49.0
	4-3	y / f	VESTMO Gisle		23:46.4	16	+1:26.7	1:13:03.3	14	+2:28.3
15	9	HØYBRÅTEN OG STOVNER IL		Oslo				1:13:08.5		+2:33.5
	9-1	r / c	UPADHYAY Varun		26:02.3	=22	+1:42.5	26:02.3	23	+1:42.5
	9-2	g / f	BRAATHEN Kristian		24:01.1	30	+2:06.8	50:03.4	27	+2:35.5
	9-3	y / f	BRAATHEN Jørgen		23:05.1	6	+45.4	1:13:08.5	15	+2:33.5
16	24	STEINKJER SKIKLUBB 1		Nord-Trøndelag				1:13:10.3		+2:35.3
	24-1	r / c	CLAUSEN Kent Ove		26:22.2	=32	+2:02.4	26:22.2	33	+2:02.4
	24-2	g / f	VANNEBO Morten		23:32.8	21	+1:38.5	49:55.0	20	+2:27.1
	24-3	y / f	HAMMER Martin		23:15.3	10	+55.6	1:13:10.3	16	+2:35.3
17	47	BYÅSEN IL 3		Sør-Trøndelag				1:13:20.3		+2:45.3
	47-1	r / c	HAMMER Kristian Riseth		26:43.1	47	+2:23.3	26:43.1	47	+2:23.3
	47-2	g / f	BERGE Harald		23:15.2	=14	+1:20.9	49:58.3	=24	+2:30.4
	47-2	g / f	FORSELL Espen		23:15.2	=14	+1:20.9	49:58.3	=24	+2:30.4

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18	3	KLÆBU IL 1		Sør-Trøndelag				1:13:27.6		+2:52.6
	3-1	r / c	THUN Stein Vidar		25:28.4	9	+1:08.6	25:28.4	9	+1:08.6
	3-2	g / f	TELEBOND Eirik		23:32.1	20	+1:37.8	49:00.5	14	+1:32.6
	3-3	y / f	FLAAØIEN Kenneth		24:27.1	28	+2:07.4	1:13:27.6	17	+2:52.6
19	42	VOSS IL		Hordaland				1:13:30.6		+2:55.6
	42-1	r / c	TURTVEIT Vebjørn		26:39.4	41	+2:19.6	26:39.4	41	+2:19.6
	42-2	g / f	RØTHE Sjur		22:36.5	4	+42.2	49:15.9	15	+1:48.0
	42-3	y / f	FENNE Thomas		24:14.7	21	+1:55.0	1:13:30.6	18	+2:55.6
20	57	LIERNE IL 1		Nord-Trøndelag				1:13:31.2		+2:56.2
	57-1	r / c	KVELI Espen		26:07.3	27	+1:47.5	26:07.3	27	+1:47.5
	57-2	g / f	ESTIL Frode		23:55.1	26	+2:00.8	50:02.4	26	+2:34.5
	57-3	y / f	ØSTNOR Torstein		23:28.8	12	+1:09.1	1:13:31.2	19	+2:56.2
21	35	LYN SKI		Oslo				1:13:44.8		+3:09.8
	35-1	r / c	HØST Anders Mølmen		26:00.8	18	+1:41.0	26:00.8	18	+1:41.0
	35-2	g / f	KRÜGER Simen Hegstad		23:55.5	27	+2:01.2	49:56.3	23	+2:28.4
	35-3	y / f	ANDERSEN Fredrik Ole Oldereid		23:48.5	17	+1:28.8	1:13:44.8	20	+3:09.8
22	8	ODDERSJAA SSK		Agder og Rogaland				1:13:48.4		+3:13.4
	8-1	r / c	KNUTSEN Eivind		26:32.4	38	+2:12.6	26:32.4	38	+2:12.6
	8-2	g / f	OUREN Geir Ludvig Aasen		22:44.1	7	+49.8	49:16.5	16	+1:48.6
	8-3	y / f	DØBLE Andreas		24:31.9	29	+2:12.2	1:13:48.4	21	+3:13.4
23	66	STEINKJER SKIKLUBB 2		Nord-Trøndelag				1:14:52.4		+4:17.4
	66-1	r / c	AUNE Pål Trøan		26:01.2	19	+1:41.4	26:01.2	19	+1:41.4
	66-2	g / f	KVISTAD Fredrik Stigum		23:54.2	25	+1:59.9	49:55.4	21	+2:27.5
	66-3	y / f	FJONE Hallvard Riseth		24:57.0	35	+2:37.3	1:14:52.4	22	+4:17.4
24	44	RINGKOLLEN SKIKLUBB		Buskerud				1:14:59.0		+4:24.0
	44-1	r / c	VORELAND Thomas		28:22.7	62	+4:02.9	28:22.7	62	+4:02.9
	44-2	g / f	ANDRESEN Frode		23:00.6	10	+1:06.3	51:23.3	41	+3:55.4
	44-3	y / f	HØGNES Lars		23:35.7	14	+1:16.0	1:14:59.0	23	+4:24.0
25	29	ALTA IF		Finnmark				1:15:02.4		+4:27.4
	29-1	r / c	BJØRNSTAD Per-Erik		26:41.1	42	+2:21.3	26:41.1	42	+2:21.3
	29-2	g / f	HELGESEN EINVIK Kenneth		23:57.5	29	+2:03.2	50:38.6	31	+3:10.7
	29-3	y / f	NYGAARD Bjørn Thomas		24:23.8	25	+2:04.1	1:15:02.4	24	+4:27.4
26	55	HENNING SKILAG 2		Nord-Trøndelag				1:15:04.2		+4:29.2
	55-1	r / c	THUNE Geir		26:02.3	=22	+1:42.5	26:02.3	22	+1:42.5
	55-2	g / f	LILLEFJELL Frode		24:24.0	38	+2:29.7	50:26.3	29	+2:58.4
	55-3	y / f	SÆTHER Jonas		24:37.9	30	+2:18.2	1:15:04.2	25	+4:29.2

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27	49	BYÅSEN IL 5		Sør-Trøndelag				1:15:04.7		+4:29.7
	49-1	r / c	OLDERVOLL Sondre		26:01.6	20	+1:41.8	26:01.6	20	+1:41.8
	49-2	g / f	LILLEBERG Severin		24:20.8	36	+2:26.5	50:22.4	28	+2:54.5
	49-3	y / f	RISETH Martin		24:42.3	32	+2:22.6	1:15:04.7	26	+4:29.7
28	21	KOLL IL		Oslo				1:15:16.9		+4:41.9
	21-1	r / c	MARKSET Kjell-Christian B		25:41.3	13	+1:21.5	25:41.3	13	+1:21.5
	21-2	g / f	CHRISTIANSEN Erling A N		24:14.8	34	+2:20.5	49:56.1	22	+2:28.2
	21-3	y / f	BRAATHEN Christoffer		25:20.8	41	+3:01.1	1:15:16.9	27	+4:41.9
29	81	STEINKJER SKIKLUBB 3		Nord-Trøndelag				1:15:21.0		+4:46.0
	81-1	r / c	HALSETH Petter Torås		26:42.0	45	+2:22.2	26:42.0	45	+2:22.2
	81-2	g / f	FINSTAD Arnstein		23:57.3	28	+2:03.0	50:39.3	33	+3:11.4
	81-3	y / f	WISETH Marcus Schei		24:41.7	31	+2:22.0	1:15:21.0	28	+4:46.0
30	11	NJÅRD 1		Oslo				1:15:25.0		+4:50.0
	11-1	r / c	NYDAL Erlend Moian		26:22.8	34	+2:03.0	26:22.8	34	+2:03.0
	11-2	g / f	TROLLEBU Dag Frode		24:42.3	42	+2:48.0	51:05.1	37	+3:37.2
	11-3	y / f	ANDRESEN Ragnar Bragvin		24:19.9	23	+2:00.2	1:15:25.0	29	+4:50.0
31	33	FOSSUM IF 2		Akershus				1:15:54.3		+5:19.3
	33-1	r / c	GJERDALEN Gard Philip		26:31.8	37	+2:12.0	26:31.8	37	+2:12.0
	33-2	g / f	RØE Åsmund Treu		24:08.4	33	+2:14.1	50:40.2	34	+3:12.3
	33-3	y / f	GJERDALEN Njål Tage		25:14.1	37	+2:54.4	1:15:54.3	30	+5:19.3
32	64	LUNDAMO IL		Sør-Trøndelag				1:16:06.3		+5:31.3
	64-1	r / c	SKOGSTAD Ole Hartvik		26:41.3	43	+2:21.5	26:41.3	43	+2:21.5
	64-2	g / f	SKOGSTAD Tor Håkon		24:41.0	41	+2:46.7	51:22.3	40	+3:54.4
	64-3	y / f	SKOGSTAD Per Harald		24:44.0	33	+2:24.3	1:16:06.3	31	+5:31.3
33	13	GJERDRUM IL - SKI		Akershus				1:16:06.4		+5:31.4
	13-1	r / c	ELVESTAD Glenn		26:57.5	48	+2:37.7	26:57.5	48	+2:37.7
	13-2	g / f	MOE Ola Erik Heen		24:03.1	31	+2:08.8	51:00.6	36	+3:32.7
	13-3	y / f	FALLA Marius Caspersen		25:05.8	36	+2:46.1	1:16:06.4	32	+5:31.4
34	27	LILLEHAMMER SKIKLUB 2		Oppland				1:16:27.2		+5:52.2
	27-1	r / c	ODSÆTER Lars Vingli		26:33.1	39	+2:13.3	26:33.1	39	+2:13.3
	27-2	g / f	PRESTSÆTER Sjur		24:06.0	32	+2:11.7	50:39.1	32	+3:11.2
	27-3	y / f	BØRSHEIM Torjus		25:48.1	46	+3:28.4	1:16:27.2	33	+5:52.2
35	36	LILLEHAMMER SKIKLUB 3		Oppland				1:16:31.0		+5:56.0
	36-1	r / c	FURULI Oliver Bræin		27:33.7	52	+3:13.9	27:33.7	52	+3:13.9
	36-2	g / f	SÆLE Eirik Dimmen		24:53.0	45	+2:58.7	52:26.7	50	+4:58.8
	36-3	y / f	EGGE Vegard Kjøs		24:04.3	20	+1:44.6	1:16:31.0	34	+5:56.0

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36	59	STRINDHEIM IL 2		Sør-Trøndelag				1:16:34.9		+5:59.9
	59-1	r / c	ENGAN Sondre		26:15.8	29	+1:56.0	26:15.8	29	+1:56.0
	59-2	g / f	BYE BREVIK Jørgen		25:00.1	46	+3:05.8	51:15.9	38	+3:48.0
	59-3	y / f	EGELAND Haakon		25:19.0	39	+2:59.3	1:16:34.9	35	+5:59.9
37	56	IK RINDALS-TROLL		Møre og Romsdal				1:16:42.9		+6:07.9
	56-1	r / c	LØFALD Hallvard		26:21.3	31	+2:01.5	26:21.3	31	+2:01.5
	56-2	g / f	MOHOLDT Lars		23:33.3	22	+1:39.0	49:54.6	19	+2:26.7
	56-3	y / f	SVINSÅS Morten		26:48.3	57	+4:28.6	1:16:42.9	36	+6:07.9
38	22	ASKER SKIKLUBB		Akershus				1:16:54.5		+6:19.5
	22-1	r / c	HAMMERLUND Sindre Sætre		27:52.3	55	+3:32.5	27:52.3	55	+3:32.5
	22-2	g / f	TORGENSEN Jonas		24:39.2	40	+2:44.9	52:31.5	51	+5:03.6
	22-3	y / f	TORGENSEN Jens Gunnar		24:23.0	24	+2:03.3	1:16:54.5	37	+6:19.5
39	76	KOLVEREID IL		Nord-Trøndelag				1:17:01.7		+6:26.7
	76-1	r / c	TØMMERSTRAND Jørn Yngve		27:21.6	49	+3:01.8	27:21.6	49	+3:01.8
	76-2	g / f	HUNDSETH Johan		24:22.4	37	+2:28.1	51:44.0	=43	+4:16.1
	76-3	y / f	ØREN Frode		25:17.7	38	+2:58.0	1:17:01.7	38	+6:26.7
40	23	NTNUI - LANGRENN 1		Sør-Trøndelag				1:17:01.9		+6:26.9
	23-1	r / c	SANDBAKK Sindre		27:28.1	50	+3:08.3	27:28.1	50	+3:08.3
	23-2	g / f	SANDVIK Christian K		25:09.8	48	+3:15.5	52:37.9	52	+5:10.0
	23-3	y / f	SOLBERG Erik Langaard		24:24.0	26	+2:04.3	1:17:01.9	39	+6:26.9
41	20	KJELSÅS IL - SKI 2		Oslo				1:17:05.7		+6:30.7
	20-1	r / c	WELTZIEN Espen Hultgreen		25:41.1	12	+1:21.3	25:41.1	12	+1:21.3
	20-2	g / f	UNDERDAL Sondre Gårdsrud		25:39.3	54	+3:45.0	51:20.4	39	+3:52.5
	20-3	y / f	STRUKSNÆS Henrik		25:45.3	45	+3:25.6	1:17:05.7	40	+6:30.7
42	28	JEVNAKER IDRETTSFORENING SKI		Oppland				1:17:25.1		+6:50.1
	28-1	r / c	OLIMB Henrik		26:02.7	24	+1:42.9	26:02.7	24	+1:42.9
	28-2	g / f	SVINGHEIM Magnus		25:41.3	55	+3:47.0	51:44.0	=43	+4:16.1
	28-3	y / f	BJERTNÆS Jens		25:41.1	43	+3:21.4	1:17:25.1	41	+6:50.1
43	70	HENNING SKILAG 3		Nord-Trøndelag				1:17:26.9		+6:51.9
	70-1	r / c	NORDVIK Eirik		26:20.8	30	+2:01.0	26:20.8	30	+2:01.0
	70-2	g / f	MELHUS Svein Anders		24:17.4	35	+2:23.1	50:38.2	30	+3:10.3
	70-3	y / f	STOKKE Lars		26:48.7	58	+4:29.0	1:17:26.9	42	+6:51.9
44	26	IL HEMING - SKI 1		Oslo				1:17:35.8		+7:00.8
	26-1	r / c	BORGNES Mathias		26:22.2	=32	+2:02.4	26:22.2	32	+2:02.4
	26-2	g / f	GRAV Jørgen		25:32.3	52	+3:38.0	51:54.5	45	+4:26.6
	26-3	y / f	KAAS Sverre Waaler		25:41.3	44	+3:21.6	1:17:35.8	43	+7:00.8

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Rg.	St.Nr. Etappe	Team Startnummer Farge	Navn	Krets	Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
45	43	RØA IL		Oslo				1:17:50.6		+7:15.6
	43-1	r / c	FENRE Tobias Dahl		26:41.6	44	+2:21.8	26:41.6	44	+2:21.8
	43-2	g / f	SUNDBY Martin Johnsrud		21:54.3	1	0.0	48:35.9	7	+1:08.0
	43-3	y / f	SANDBAKKEN Sindre Schafroth		29:14.7	69	+6:55.0	1:17:50.6	44	+7:15.6
46	45	MEDKILA SL		Troms				1:17:57.4		+7:22.4
	45-1	r / c	HOFF Erlend		26:00.2	17	+1:40.4	26:00.2	17	+1:40.4
	45-2	g / f	MIKKELSEN Martin		24:46.1	43	+2:51.8	50:46.3	35	+3:18.4
	45-3	y / f	GUNDERSEN Simon		27:11.1	61	+4:51.4	1:17:57.4	45	+7:22.4
47	80	VESTRE SPONE IF		Buskerud				1:18:16.6		+7:41.6
	80-1	r / c	NYGÅRD Per Kristian		26:03.4	26	+1:43.6	26:03.4	26	+1:43.6
	80-2	g / f	BACHE Christian Georg		27:56.2	76	+6:01.9	53:59.6	60	+6:31.7
	80-3	y / f	NYGÅRD Sondre		24:17.0	22	+1:57.3	1:18:16.6	46	+7:41.6
48	62	INDERØY IL		Nord-Trøndelag				1:18:20.9		+7:45.9
	62-1	r / c	WOLD Jonas		26:34.6	40	+2:14.8	26:34.6	40	+2:14.8
	62-2	g / f	LØSETH Sindre Aftret		25:26.7	51	+3:32.4	52:01.3	47	+4:33.4
	62-3	y / f	TRONSTAD Magnus		26:19.6	51	+3:59.9	1:18:20.9	47	+7:45.9
49	65	SELBU IL 1		Sør-Trøndelag				1:18:51.0		+8:16.0
	65-1	r / c	DYRDAL Torkjell		28:12.1	58	+3:52.3	28:12.1	58	+3:52.3
	65-2	g / f	RINGEN Anton Killi		25:44.3	56	+3:50.0	53:56.4	59	+6:28.5
	65-3	y / f	EIDEM Steinar		24:54.6	34	+2:34.9	1:18:51.0	48	+8:16.0
50	46	BRØTTUM IL		Hedmark				1:19:04.8		+8:29.8
	46-1	r / c	TOFTEGAARD Lars Amund		28:17.7	61	+3:57.9	28:17.7	61	+3:57.9
	46-2	g / f	MÆHLUM Nils Einar		24:47.3	44	+2:53.0	53:05.0	54	+5:37.1
	46-3	y / f	SKJELDNESEN Torgeir		25:59.8	48	+3:40.1	1:19:04.8	49	+8:29.8
51	30	IL HEMING - SKI 2		Oslo				1:19:11.5		+8:36.5
	30-1	r / c	HUITFELDT Peder		27:41.2	53	+3:21.4	27:41.2	53	+3:21.4
	30-2	g / f	STADAAS Peder		25:04.9	47	+3:10.6	52:46.1	53	+5:18.2
	30-3	y / f	FENRE Mathis Dahl		26:25.4	53	+4:05.7	1:19:11.5	50	+8:36.5
52	84	LEKSVIK IL 2		Nord-Trøndelag				1:19:39.3		+9:04.3
	84-1	r / c	RAMDAL Sture		28:47.6	66	+4:27.8	28:47.6	66	+4:27.8
	84-2	g / f	LUND Ole		26:27.0	62	+4:32.7	55:14.6	66	+7:46.7
	84-3	y / f	FREMO Thomas		24:24.7	27	+2:05.0	1:19:39.3	51	+9:04.3
53	31	IL VARDEN 1		Nord-Trøndelag				1:19:41.1		+9:06.1
	31-1	r / c	IVERSEN Mats		28:12.3	59	+3:52.5	28:12.3	59	+3:52.5
	31-2	g / f	VEERPALU Andreas		25:49.0	59	+3:54.7	54:01.3	61	+6:33.4
	31-3	y / f	DAHLEN Thomas Albertsen		25:39.8	42	+3:20.1	1:19:41.1	52	+9:06.1

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54	73	IL STJØRDALS-BLINK		Nord-Trøndelag				1:19:43.8		+9:08.8
	73-1	r / c	REITAN Sondre		28:13.4	60	+3:53.6	28:13.4	60	+3:53.6
	73-2	g / f	SMESTAD Ole Kristian		25:38.2	53	+3:43.9	53:51.6	58	+6:23.7
	73-3	y / f	SÆTHERØ Anders		25:52.2	47	+3:32.5	1:19:43.8	53	+9:08.8
55	48	BYÅSEN IL 4		Sør-Trøndelag				1:19:46.8		+9:11.8
	48-1	r / c	GEVING Marius S.		26:02.9	25	+1:43.1	26:02.9	25	+1:43.1
	48-2	g / f	LITLERE Lars		25:58.6	60	+4:04.3	52:01.5	48	+4:33.6
	48-3	y / f	AUNE Stina		27:45.3	62	+5:25.6	1:19:46.8	54	+9:11.8
56	60	NTNUI - LANGRENN 3		Sør-Trøndelag				1:20:14.4		+9:39.4
	60-1	r / c	BAUER-HANSSSEN Øyvind W.		27:47.2	54	+3:27.4	27:47.2	54	+3:27.4
	60-2	g / f	BERGHOLT Bjørn		24:37.4	39	+2:43.1	52:24.6	49	+4:56.7
	60-3	y / f	BREKKE Einar Raknes		27:49.8	63	+5:30.1	1:20:14.4	55	+9:39.4
57	34	TYDAL IL		Sør-Trøndelag				1:20:25.1		+9:50.1
	34-1	r / c	DYRHAUG Niklas		25:16.8	5	+57.0	25:16.8	5	+57.0
	34-2	g / f	BRYNHILDSVOLL Ove		26:44.0	64	+4:49.7	52:00.8	46	+4:32.9
	34-3	y / f	GRÆSLI Ola Morten		28:24.3	66	+6:04.6	1:20:25.1	56	+9:50.1
58	41	NTNUI - LANGRENN 2		Sør-Trøndelag				1:20:28.6		+9:53.6
	41-1	r / c	SOLÅS Lars Andreas		28:11.7	57	+3:51.9	28:11.7	57	+3:51.9
	41-2	g / f	ØSTHAGEN Hans Aleksander		26:57.2	66	+5:02.9	55:08.9	65	+7:41.0
	41-3	y / f	ØVERJORDET Amund Strømmes		25:19.7	40	+3:00.0	1:20:28.6	57	+9:53.6
59	38	BÆKKELAGETS SK		Oslo				1:20:50.0		+10:15.0
	38-1	r / c	VISTER Joakim Skirbekk		30:37.7	75	+6:17.9	30:37.7	75	+6:17.9
	38-2	g / f	ANDERSEN Remi		23:40.6	23	+1:46.3	54:18.3	62	+6:50.4
	38-3	y / f	STEEN Tobias Vik		26:31.7	54	+4:12.0	1:20:50.0	58	+10:15.0
60	25	LILLOMARKA SKIKLUBB		Oslo				1:21:10.8		+10:35.8
	25-1	r / c	BAKKE Eirik		26:26.8	35	+2:07.0	26:26.8	35	+2:07.0
	25-2	g / f	BAKKE Magnus		25:15.4	49	+3:21.1	51:42.2	42	+4:14.3
	25-3	y / f	PETTERSEN Øystein		29:28.6	70	+7:08.9	1:21:10.8	59	+10:35.8
61	72	STRINDHEIM IL 3		Sør-Trøndelag				1:21:22.4		+10:47.4
	72-1	r / c	KROGSVEEN Tore		28:29.2	64	+4:09.4	28:29.2	64	+4:09.4
	72-2	g / f	BÆKKEN Simen		26:31.6	63	+4:37.3	55:00.8	64	+7:32.9
	72-3	y / f	AUNØIEN Øivind		26:21.6	52	+4:01.9	1:21:22.4	60	+10:47.4
62	77	IL VARDEN 2		Nord-Trøndelag				1:21:25.2		+10:50.2
	77-1	r / c	TORVIK Per Øyvind		28:58.9	69	+4:39.1	28:58.9	69	+4:39.1
	77-2	g / f	SONFLÅ Espen Tronsmo		25:48.2	58	+3:53.9	54:47.1	63	+7:19.2
	77-3	y / f	LIVIK Håkon		26:38.1	56	+4:18.4	1:21:25.2	61	+10:50.2

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63	63	HOMMELVIK IL		Sør-Trøndelag				1:21:59.2		+11:24.2
	63-1	r / c	RENÅ John Thomas		28:34.2	65	+4:14.4	28:34.2	65	+4:14.4
	63-2	g / f	MELBY Emil Arne		27:15.2	=68	+5:20.9	55:49.4	69	+8:21.5
	63-3	y / f	HANSEN Amund		26:09.8	49	+3:50.1	1:21:59.2	62	+11:24.2
64	69	IL HÅLLINGEN		Nord-Trøndelag				1:22:02.8		+11:27.8
	69-1	r / c	FLÅTT Gøran		28:29.0	63	+4:09.2	28:29.0	63	+4:09.2
	69-2	g / f	IVERSEN Kim Daniel		25:21.8	50	+3:27.5	53:50.8	57	+6:22.9
	69-3	y / f	FURNES BREMBU Tor Gunnar		28:12.0	65	+5:52.3	1:22:02.8	63	+11:27.8
65	67	KYRKSÆTERØRA IL		Sør-Trøndelag				1:22:18.2		+11:43.2
	67-1	r / c	KVERNSTAD Eirik		26:42.6	46	+2:22.8	26:42.6	46	+2:22.8
	67-2	g / f	AUNLI Lars Ove		27:02.7	67	+5:08.4	53:45.3	56	+6:17.4
	67-3	y / f	LIE Magnus		28:32.9	68	+6:13.2	1:22:18.2	64	+11:43.2
66	40	MALM IL		Nord-Trøndelag				1:22:25.7		+11:50.7
	40-1	r / c	HJULSTAD Frank Robert		28:56.7	68	+4:36.9	28:56.7	68	+4:36.9
	40-2	g / f	HUSBY Petter Lunde		27:15.2	=68	+5:20.9	56:11.9	71	+8:44.0
	40-3	y / f	MYHRE Kenneth		26:13.8	50	+3:54.1	1:22:25.7	65	+11:50.7
67	79	NTNUI - LANGRENN 4		Sør-Trøndelag				1:22:40.9		+12:05.9
	79-1	r / c	BRIKSELLI Tomas		29:36.4	73	+5:16.6	29:36.4	73	+5:16.6
	79-2	g / f	EIDE Ole Ivar Stakvik		26:12.7	61	+4:18.4	55:49.1	68	+8:21.2
	79-3	y / f	FISKUM Espen		26:51.8	59	+4:32.1	1:22:40.9	66	+12:05.9
68	71	STEINKJER SKIKLUBB 4		Nord-Trøndelag				1:23:16.9		+12:41.9
	71-1	r / c	STIKLESTAD Sindre		30:54.8	77	+6:35.0	30:54.8	77	+6:35.0
	71-2	g / f	BØGSETH Ludvig Østerås		25:44.4	57	+3:50.1	56:39.2	73	+9:11.3
	71-3	y / f	STRANDVIK Frode Aas		26:37.7	55	+4:18.0	1:23:16.9	67	+12:41.9
69	58	RINGEBU/FÅVANG SKIKLUBB		Oppland				1:23:47.9		+13:12.9
	58-1	r / c	NYENG Emil		25:59.4	16	+1:39.6	25:59.4	16	+1:39.6
	58-2	g / f	NORDRUM Martin Valberg		27:37.6	72	+5:43.3	53:37.0	55	+6:09.1
	58-3	y / f	OLSEN Bjørner		30:10.9	72	+7:51.2	1:23:47.9	68	+13:12.9
70	87	SELBU IL 2		Sør-Trøndelag				1:23:53.0		+13:18.0
	87-1	r / c	DYRDAL John Steinar		28:56.1	67	+4:36.3	28:56.1	67	+4:36.3
	87-2	g / f	RAPP Henrik		26:47.0	65	+4:52.7	55:43.1	67	+8:15.2
	87-3	y / f	RINGEN Vidar		28:09.9	64	+5:50.2	1:23:53.0	69	+13:18.0
71	50	DRIV IL		Akershus				1:24:05.4		+13:30.4
	50-1	r / c	NÆSS Harald Solhaug		29:22.4	71	+5:02.6	29:22.4	71	+5:02.6
	50-2	g / f	HAGEN Eirik Ek		27:40.9	73	+5:46.6	57:03.3	74	+9:35.4
	50-3	y / f	CELIUS Brage		27:02.1	60	+4:42.4	1:24:05.4	70	+13:30.4

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72	83	LIERNE IL 2		Nord-Trøndelag				1:26:00.5		+15:25.5
	83-1	r / c	MARTINSEN Runar		29:48.9	74	+5:29.1	29:48.9	74	+5:29.1
	83-2	g / f	KVEMO Even		27:44.4	74	+5:50.1	57:33.3	75	+10:05.4
	83-3	y / f	AAGÅRD Morgan		28:27.2	67	+6:07.5	1:26:00.5	71	+15:25.5
73	53	FJELLØRNER IL		Sør-Trøndelag				1:26:01.4		+15:26.4
	53-1	r / c	SIMONSEN Erik		27:52.5	56	+3:32.7	27:52.5	56	+3:32.7
	53-2	g / f	VANGEN Martin		28:13.8	77	+6:19.5	56:06.3	70	+8:38.4
	53-3	y / f	KVAM Vegard		29:55.1	71	+7:35.4	1:26:01.4	72	+15:26.4
74	39	OSLOSTUDENTENES IK - SKI		LAP						
	39-1	r / c	ALMLID Espen		29:03.6	70	+4:43.8	29:03.6	70	+4:43.8
	39-2	g / f	TRIER Øivind Thorvald Due		27:15.7	70	+5:21.4	56:19.3	72	+8:51.4
	39-3	y / f	CEJPEK Jan							
75	51	EGGE IL		LAP						
	51-1	r / c	WÆHRE Gunnar Kristian		30:48.8	76	+6:29.0	30:48.8	76	+6:29.0
	51-2	g / f	SAURSAUNET Vegard		27:35.5	71	+5:41.2	58:24.3	77	+10:56.4
	51-3	y / f	MORK Kristian Melhus							
76	90	STEINKJER SKIKLUBB 5		LAP						
	90-1	r / c	BENONISEN Sebastian		29:27.6	72	+5:07.8	29:27.6	72	+5:07.8
	90-2	g / f	HOVIK Kristian Melhus		28:49.3	78	+6:55.0	58:16.9	76	+10:49.0
	90-3	y / f	BARTNES Martin							
77	61	SKAUN IL		LAP						
	61-1	r / c	EIDSLI Andreas		32:04.2	84	+7:44.4	32:04.2	84	+7:44.4
	61-2	g / f	BY Øystein							
	61-3	y / f	KROGSET Einar							
78	88	NTNUI - LANGRENN 7		LAP						
	88-1	r / c	HEGGVIK Lars Esten		33:19.0	86	+8:59.2	33:19.0	86	+8:59.2
	88-2	g / f	HELGESEN Ole Thomas							
	88-3	y / f	HÅPNES Mats							
79	54	FROL IL		LAP						
	54-1	r / c	ASPLI Hallgeir		31:43.9	82	+7:24.1	31:43.9	82	+7:24.1
	54-2	g / f	SIRUM Paul							
	54-3	y / f	LILLEVESTRE Thomas							
80	75	LIER IL		LAP						
	75-1	r / c	BORGE Thomas		31:12.1	79	+6:52.3	31:12.1	79	+6:52.3
	75-2	g / f	GURANDSRUD Lars							
	75-3	y / f	HENNUM Anders Brun							

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81	86	NTNUI - LANGRENN 6		LAP						
	86-1	r / c	HALLBERG Martin		31:05.8	78	+6:46.0	31:05.8	78	+6:46.0
	86-2	g / f	HANNESTAD Eirik							
	86-3	y / f	HANSSSEN Aleksander Sørvik							
82	82	NTNUI - LANGRENN 8		LAP						
	82-1	r / c	JUST Kristian		31:57.1	83	+7:37.3	31:57.1	83	+7:37.3
	82-2	g / f	OVERN Karl Erik							
	82-3	y / f	REINEMO Petter							
83	85	HENNING SKILAG 4		LAP						
	85-1	r / c	RANNEM Bård		32:43.4	85	+8:23.6	32:43.4	85	+8:23.6
	85-2	g / f	LÆNN Jo Aleksander							
	85-3	y / f	NOSSUM Eirik Myhr							
84	74	NTNUI - LANGRENN 5		LAP						
	74-1	r / c	FJÆRVOLD Lars		31:33.8	80	+7:14.0	31:33.8	80	+7:14.0
	74-2	g / f	FROGNER Jens Sveen							
	74-3	y / f	GULLHAV Anders Nordby							
85	91	NTNUI - LANGRENN 9		LAP						
	91-1	r / c	RIMSTAD Sigmund		35:16.9	87	+10:57.1	35:16.9	87	+10:57.1
	91-2	g / f	RIMSTAD Eivind							
	91-3	y / f	LARSEN Magnus Mellbye							

Ikke fullført

32	NOR - KJELSÅS IL - SKI 3									
	32-1	r / C	SELVIG Sindre		27:31.0	51	+3:11.2	27:31.0	51	+3:11.2
	32-2	g / C	FJELD Øyvind Moen							
	32-3	y / F	WARLO Eivind							
37	NOR - IL RUNAR									
	37-1	r / C	KRISTIANSEN Brian Otterdal		31:42.8	81	+7:23.0	31:42.8	81	+7:23.0
	37-2	g / C	NISSEN-SOLLIE Petter Thomassen		27:49.5	75	+5:55.2	59:32.3	78	+12:04.4
	37-3	y / F	HAUGHEM Stian							

NM SKI 2011
Steinkjer
Steinkjer Skistadion

Menn 3 x 10 km K/F/F Stafett
Resultater

Søndag 30 JAN 2011

Starttid: 12:15

Siste innkomst: 13:41

Rg.	St.Nr. Etappe	Team Startnummer Farge	Navn		Etappe Tid	Etappe Rg.	Etappe Bak	Team Tid	Team Rg.	Bak
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Ikke startet

14	NOR - ENGERDAL SP.KL.									
14-1	r / C	ANDERSEN Martin								
14-2	g / C	L'ABÉE-LUND Henrik								
14-3	y / F	L'ABÉE-LUND Magnus								
52	NOR - FJELLHUG / VEREIDE - HYEN SK.									
52-1	r / C	HJELMESET Odd-Bjørn								
52-2	g / C	DJUPVIK Roger Aa								
52-3	y / F	GAASØ Trygve Henden								
78	NOR - KLÆBU IL 2									
78-1	r / C	BROEN Anders Kjeka								
78-2	g / C	HJELDNES Joakim Alfsvåg								
78-3	y / F	FLAAØIEN Kenneth								
89	NOR - NTNUI - LANGRENN 10									
89-1	r / C	HAUGEREID Ove Antvord								
89-2	g / C	HAUGE Ole Martin								
89-3	y / F	LINE Steinar								

Vaer	Sno Forhold	Temperatur		Deltakere					
		Luft	Sno	Pameld.	Rangering	DNS	DNF	DSQ	LAP
Cloudy	Packed	-3,8°C	-1,0°C	273/1	255/1	12/1	6/1	0/0	36/1

FORKLARING	= Samme Rang	DNF Ikke fullført	DNS Ikke startet	DSQ Diskvalifisert
?txtLPD?				
Fristil Fristil	Grønn Grønn	Gul Gul	Klassisk Klassisk	Rod Rod